

SAGE SANDELL

Agent Phone Number: 972-741-4939

Agent Email Address: Stephenie.p@mtmagency.com

Non-Union



Height: 5'3"

Hair: Brown

Eye: Green

Shoe: 6 1/2

Bust: 37"

Waist: 30"

Hips: 38"

Inseam: 28"

Dress: 6

CREDITS

Modeling

Waterline Architecture Promotions

KPF

Film

Blackmail

FBI Agent

Ruff-Flow Entertainment

PROFESSIONAL TRAINING

John Casablancas International

Acting

Monologue, Commercial, Spokesperson, Cold Reads, Teleprompter, Improv, Voice Overs, Working with Products, Script Development, Working with Sides/Subtext

Modeling

Runway Techniques (Beginning – Intermediate – Advanced), Runway Choreography, Photo Posing, Posing with Props

Images Model & Talent Agency

Television I

Cold Reads, Commercial Techniques, Character Development

Exercise & Nutrition

Bodyweight Training, Specialized Nutrition, Stress Mitigation

Webinars & Workshops

Ari Barkan Webinar

Stratford Festival Song & Dance Workshop

SPECIAL SKILLS

Sports – Gymnastics (Intermediate), Kickboxing (Currently Training/Intermediate), Horseback Riding (Currently Training/Intermediate), Tumbling (Intermediate), Cheerleading/Stunting (Intermediate), Swimming (Beginner), Snow Skiing (Beginner), Water Skiing (Beginner), Boxing (Beginner), Muay Thai (Beginner), Yoga (Beginner), Softball (Beginner), Ice Skating (Beginner), Roller Skating (Beginner), Running (Beginner), Tennis (Beginner), Golf (Beginner), Public Speaking, Modeling, Corporate Presenting, Coaching

Dance – Social/ Freestyle Dancing (intermediate), Ballet (beginner), Ballroom Dancing (beginner), Broadway Dancing (beginner), Line Dancing (beginner), Square Dancing (beginner), Swing Dancing (beginner)

Voice – Choral (Alto/Mezzo-Soprano)

Languages – English (fluent), Spanish (currently training/beginner)

Accents/Dialects – American (advanced), Southern (advanced), Texan (intermediate), Midwest (beginner), Minnesota (beginner), Canadian (beginner), Character Voices

Certifications – Valid Driver's License (Automatic/Manual), Valid US Passport

Miscellaneous – Hiking, Camping, Snorkeling, Bowling, Whistling, Excellent with Children and Animals (Domestic and Exotic)